

The Gallipoli Times



January-March 2026

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DUA OF THE MONTH

Arabic:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fid-dunya hasanatan wa fil-akhirati
hasanatan waqina 'adhaban-nar

Our Lord, give us good in this world and good in the
Hereafter, and protect us from the punishment of the Fire

This Dua beautifully covers all aspects of life: worldly
well-being, spiritual success, and protection from the
Hereafter's hardships. It's simple, comprehensive, and
highly recommended to recite regularly



Ramadan Mubarak

Ramadan Mubarak from Gallipoli Home

We at Gallipoli Home would like to extend our warm wishes to everyone for a joyful Ramadan.

What is Ramadan?

Some may wonder, what exactly is Ramadan?

Ramadan is the ninth month of the Islamic calendar and is regarded as a sacred period of fasting for Muslims. During this month, Muslims refrain from food, drink, and worldly desires from dawn until sunset. This practice fosters self-control and encourages spiritual growth. The month begins with the sighting of the crescent moon and concludes with the celebration of Eid al-Fitr, marking the end of fasting. As one of the five pillars of Islam, Ramadan highlights the significance of faith and community.



رمضان كريم

Quran Sessions

Reading the Quran during Ramadan is highly encouraged, as it is the "month of the Quran". Muslims often aim to complete a full recitation (khatm) to maximize rewards, which are multiplied during this holy month. A common method to finish is reading one juz (roughly 20 pages) per day, often divided into 4-5 pages after each of the five daily prayer. Throughout the month of Ramadan, we welcomed a sheik each day who would spend an hour reading the Quran to our residents and performing dua during this blessed time.





Gallipoli Home Ramadan Iftar Dinner

Celebrating Our 2026 Annual Iftar Dinner

During the cherished month of Ramadan, we were thrilled to host our annual Iftar dinner. This significant evening unites residents of Gallipoli Home, their families, staff, and friends to break the fast and express our gratitude for our wonderful and continually growing community. Thank you to everyone who attended, we hope you enjoyed the evening as much as we did.





Hephner the Alpaca visits Gallipoli Home

Gallipoli Home had a wonderful surprise visit from Hephner the Alpaca, and our residents absolutely loved the experience! He was such a friendly and well-trained alpaca. We look forward to many more visits in the future, as our residents were truly delighted.



If you're interested in Hephner the Alpaca, check out the social media links below:



@hephner_the_alpaca



Hephner The Aplaca



0419141627

Hephner the Alpaca visits Gallipoli Home





Each week, we welcome a dedicated art therapist who leads a variety of arts and crafts activities for our residents. These activities can include coloring, painting, and a wide range of other creative projects.





Al-faisal college school visit

We were delighted to welcome a wonderful group of students from Al-Faisal College to Gallipoli Home. They generously donated Zamzam water and a cake for our residents, bringing so much joy and warmth to everyone.

We truly appreciate Al-Faisal College for their ongoing support and for visiting us each month. Their kindness continues to fill the hearts of our residents and brighten their days.





Kids play group

We were absolutely delighted to host a wonderful group of mothers and their children at Gallipoli Home. Their visit infused our environment with joy, laughter, and warmth, creating cherished memories for our residents.

Moments like these genuinely illuminate our home and fill our residents' hearts with happiness. Thank you for sharing such precious time with us!



Gallipoli Home Bus Outings

Every Monday and Wednesday, our residents engage in delightful bus outings, which might involve trips to a park for a picnic, visits to local cafés for coffee and gözleme, excursions to Bunnings, or even scenic drives. These enjoyable outings are arranged on a rotating schedule that includes every floor, ensuring that all residents have the chance to take part in these wonderful activities.



Thursday afternoon with the Volunteers

Every second Thursday, we are delighted to welcome a wonderful volunteer who brings delicious cakes and snacks for an enjoyable session filled with food, coffee, and sensational music to lift the spirits of our residents. We extend our heartfelt gratitude to all our volunteers for the time they dedicate to our residents. You truly are an invaluable part of our team.



Bayram BBQ hosted by The Emin Family

Gallipoli Home extends heartfelt gratitude to the Emin family for organizing a delightful Bayram BBQ for our residents. Your generous donation is sincerely appreciated, and everyone thoroughly enjoyed the wonderful offerings.





Eid Mubarak

*Gallipoli would like to wish everyone a happy Eid
May this Eid bring you happiness, peace, and closeness
with your loved ones.*

What is Eid El-Fitr

Eid El-Fitr is an important Islamic holiday that marks the end of
Ramadan, the holy month of fasting.

Here's what it means and how it's celebrated:

End of fasting: It comes right after Ramadan, when Muslims have been fasting from dawn to sunset for a month. Day of gratitude: It's a time to thank God (Allah) for strength, patience, and blessings. Special prayers: The day begins with a large communal prayer, often held at mosques or open spaces. Celebration: Families and friends gather, share meals, give gifts, and enjoy festive activities. Charity (Zakat al-Fitr): Before the prayer, Muslims give to those in need so everyone can celebrate. It's often called the "Festival of Breaking the Fast" and is one of the two major Islamic holidays (the other is Eid al-Adha).

Eid Mubarak Resident Gifts

Every Eid, we create a special gift bag for all our residents. Our gift bags are filled with delightful items such as scented hand sanitizers, wipes, hand cream, toothbrushes, tissue boxes, and perfumes. This is just a charming gesture to show our appreciation for our wonderful residents.





Gallipoli home Staff Eid Celebration

Gallipoli Home's Special Eid Celebration

Gallipoli Home recently hosted a delightful Eid celebration to express our gratitude for our staff's hard work and commitment. The event was a wonderful day, featuring, excellent food and sweets, Breathtaking decorations, and a talented henna artist. We were also honored to present awards to our exceptional staff in recognition of their contributions.

Additionally, we would like to congratulate our team on their remarkable eight years of service to Gallipoli Home, a truly proud milestone!

Thank you to our incredible team for everything you do. We are deeply grateful to share this special occasion together.



*Happy
Eid*



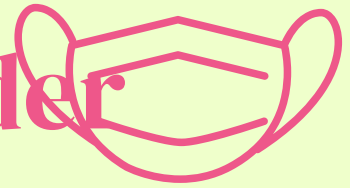


NL Phones

Please note that the Neighbourhood Leaders on Poppy and Tulip are now carrying mobiles to allow you to call them to check on your loved ones, or even to chat with them via video call or just a voice call. The NL is available from 8am to 4pm each day.

NL Poppy: 0447 773 832 NL Tulip: 0428 197 260

Flu Season and colder weather



A friendly reminder to our Family and Friends that as the weather is changing and getting colder, we are also coming into the flu season and its also time to update your flu vaccinations. In the coming week we will commence the flu vaccinations for the residents who have approved and this is to ensure that if they are unwell with the flu it will reduce the severity of the symptoms. We encourage all family and friends to assist is in this by also considering this get vaccinated as well since Covid and flu are always circulating in the community. Please do not visit if you feel unwell or have flu-like symptoms. Currently we have no mandatory testing but if you would like to test our friendly staff at reception would be happy to do this for you. If staff ask you to complete a test its because they feel you might be unwell and tis is just a precaution.



Family information

Visiting Hours

Our visiting hours remained the same from 9am to 8pm every day. If you need to stay longer or would like an exception, please speak to The Head of Consumer and Community Advocacy or one of the Care Managers for approval. We also recommend that you get your flu shot and a booster Covid vaccine to protect our loved ones. If you would like a swipe card for your access please speak with reception and they will assist in supplying this for you. The cost is a \$50 refundable bond when the card is returned to Gallipoli Home

Contact

There are several ways to contact staff members with questions.

Our reception is open Monday-Friday from 9am to 5pm, otherwise feel free to email reception@gallipolihome.org.au during business hours.

You can contact a Registered Nurse outside of office hours on both floors.

Jinan: 0438 818 713 Poppy: 0437 680 174. Tulip: 0448 028 920

Clothes to be tagged

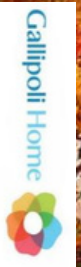
When bringing clothes for your loved ones, please make sure to deliver them directly to the floor level during office hours and fill out the form for the clothes to be tagged to prevent the clothes from getting lost. Please refrain from bringing clothes on the weekend.

Hairdressing and Barber Services

Hairdressing and barber services are provided approximately every 6 weeks. To ensure that your loved ones use this service, please speak to the reception or NL on your floor during business hours.

Electrical Goods

We would like to remind you that all electrical items must be approved by management for safety compliance. We do not accept electric blankets, kettles, coffee makers or old refrigerators. Refrigerators can be purchased from Gallipoli Home at a cost that can be approved by reception, and this will remain the property of the resident. A friendly reminder that it is the family's responsibility to keep food in the fridge and check it and empty it, when necessary, Gallipoli Home has installed temperature gauges in all of its refrigerators, and we will only monitor the temperature.



Gallipoli Home Leisure and Wellness Program April 2020

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

G – Community Room
P – Level 1, T – Level 2, J – Jinan
C – Courtyard/Garden, L – Library
PH – Public Holiday
We look forward to seeing you at this month's activities. Whether you feel like participating or just to watch, we welcome you to come along. If you have any suggestion or feedback, please speak to lifestyle team. Bus trip locations may change depending on the weather.



Shawwal 1447 Easter Monday PH 9:30 Walking Group 9:45 Bus Trip (PARK) 10:00 Group Exercise (T, P, J) 10:45 Sorting, Sensory(J) 14:00 Individual Support	Shawwal 1447 World Health Day 10:00 Group Exercise(J, G) 10:45 Bingo 10:00 Men Group (volunteer) 10:45 Sorting, Sensory(J) 14:00 Individual Support 14:00 Walking Group	Shawwal 1447 Draw a Picture of a Bird Day 9:30 Walking Group 10:30 Morning Walking Group 9:45 Bus Trip (CAFE) 10:00 Group Exercise (J, P, T) 10:30 Gardening or Floor Games (J) 14:00 Ice Cream Trolley	Shawwal 1447 10:00 Group Exercise (G, J) 10:30 Men Group (volunteer) 10:45 Games (G) 10:45 Aroma Therapy (J) 14:00 Individual Support & Happy Hour in the Courtyard 14:00 Walking Group	Shawwal 1447 Good Friday PH 10:00 Group Exercise(J) 10:00 Quran Sisson Group (G) 10:30 Nashed (J) 14:00 Ilahi/Nashed / Slip, Snack & Socialise	Shawwal 1447 Easter Saturday 10:00 Group Activity (J, P, T) 10:30 Social Group 11:00 Gardening (J) 14:00 Games 14:45 Individual Support	Shawwal 1447 DAY LIGHT SAVING ENDS CLOCKS GO BACK ONE HOUR Easter Sunday 10:00 Group Exercise (J, P, T) 10:30 Music Appreciation 11:00 Floor Games (J) 13:45 Social Group 14:45 Individual Support.
Shawwal 1447 Scrabble / Rummikub /Day 9:30 Walking Group 9:45 Bus Trip (Shopping) 10:00 Group Exercise (G, J) 10:45 Sorting, Sensory(J) 14:00 Individual Support	Shawwal 1447 10:00 Arts Therapy (T) 10:00 Group Exercise(J) 10:00 Bunnings Activity (G) (volunteer) 10:45 Sorting, Sensory(J) 14:00 Individual Support 14:00 Maarif Schools visit	Shawwal 1447 9:30 Walking Group 9:45 Bus Trip (PARK) 10:00 Group Exercise (J, P, T) 10:30 Gardening or Floor Games (J) 14:00 Walking Group 14:00 Ice Cream Trolley	Shawwal 1447 9:45 Bus Trip (JINAN) 10:00 Group Exercise (G) (J) 10:30 Turkish ladies group music (volunteer) 10:30 Men Group (volunteer) 10:45 Aroma Therapy (J) 14:00 Individual Support & Happy Hour in the Courtyard	Shawwal 1447 10:00 Group Exercise(J) 10:00 Quran Sisson Group (G) 10:30 Nashed (J) 11:00 Quran Recitation 14:00 Ilahi/Nashed / Slip, Snack & Socialise		Dhu'l-Qa'dah 1447 10:00 Group Exercise (J, P, T) 10:30 Social Group 11:00 Gardening (J) 14:00 Games 14:45 Individual Support

Shawwal 1447 13	Shawwal 1447 14	Shawwal 1447 15	Shawwal 1447 16	Shawwal 1447 17	Dhu'l-Qa'dah 1447 18	Dhu'l-Qa'dah 1447 19
9:30 Walking Group 9:45 Bus Trip (LADIES ONLY) 10:00 Group Exercise (G, J) 10:45 Sorting, Sensory(J) 14:00 Individual Support	Shawwal 1447 10:00 Arts Therapy (T) 10:00 Group Exercise(J) 10:00 Bunnings Activity (G) (volunteer) 10:45 Sorting, Sensory(J) 14:00 Individual Support 14:00 Maarif Schools visit	Shawwal 1447 9:30 Walking Group 9:45 Bus Trip (PARK) 10:00 Group Exercise (J, P, T) 10:30 Gardening or Floor Games (J) 14:00 Walking Group 14:00 Ice Cream Trolley	Shawwal 1447 9:45 Bus Trip (JINAN) 10:00 Group Exercise (G) (J) 10:30 Turkish ladies group music (volunteer) 10:30 Men Group (volunteer) 10:45 Aroma Therapy (J) 14:00 Individual Support & Happy Hour in the Courtyard	Shawwal 1447 10:00 Group Exercise(J) 10:00 Quran Sisson Group (G) 10:30 Nashed (J) 11:00 Quran Recitation 14:00 Ilahi/Nashed / Slip, Snack & Socialise	Dhu'l-Qa'dah 1447 10:00 Group Activity (J, P, T) 10:30 Social Group 11:00 Gardening (J) 14:00 Games 14:45 Individual Support	Dhu'l-Qa'dah 1447 10:00 Group Exercise (J, P, T) 10:30 Music Appreciation 11:00 Floor Games (J) 13:45 Social Group 14:45 Individual Support.

Dhu'l-Qa'dah 1447 20	Dhu'l-Qa'dah 1447 21	Dhu'l-Qa'dah 1447 22	Dhu'l-Qa'dah 1447 23	Dhu'l-Qa'dah 1447 24	Dhu'l-Qa'dah 1447 25	Dhu'l-Qa'dah 1447 26
9:30 Walking Group 9:45 Bus Trip (LADIES ONLY) 10:00 Group Exercise (G, J) 10:45 Sorting, Sensory(J) 14:00 Individual Support	Dhu'l-Qa'dah 1447 10:00 Group Exercise (J, G) 10:45 Sorting, Sensory(J) 10:45 Bingo Men Group (volunteer) 14:00 Individual Support 14:00 Walking Group	Dhu'l-Qa'dah 1447 9:30 Walking Group 9:45 Bus Trip (CAFE MEN ONLY) 10:00 Group Exercise (J, P, T) 10:30 Gardening or Floor Games (J) 14:00 Walking Group 14:00 Ice Cream Trolley	Dhu'l-Qa'dah 1447 10:00 Group Exercise (G) (J) 10:45 Games (G) 10:30 Men Group (volunteer) 10:45 Aroma Therapy (J) 14:00 Individual Support & Happy Hour in the Courtyard KFC RESIDENT LUNCH 14:00 Walking Group	Dhu'l-Qa'dah 1447 10:00 Group Exercise(J) 10:00 Quran Sisson Group (G) 10:30 Nashed (J) 11:00 Quran Recitation 14:00 Ilahi/Nashed / Slip, Snack & Socialise	Dhu'l-Qa'dah 1447 10:00 Group Activity (J, P, T) 10:30 Social Group 11:00 Gardening (J) 14:00 Games 14:45 Individual Support	Dhu'l-Qa'dah 1447 10:00 Group Exercise (J, P, T) 10:30 Music Appreciation 11:00 Floor Games (J) 13:45 Social Group 14:45 Individual Support.

Dhu'l-Qa'dah 1447 27	Dhu'l-Qa'dah 1447 28	Dhu'l-Qa'dah 1447 29	Dhu'l-Qa'dah 1447 30	Wishing everyone celebrating their birthday in April a very Happy Birthday. May your day be filled with joy, laughter, and love! HAPPY BIRTHDAY!!!!	ANZAC DAY <i>Let us not forget</i> Commemorate ANZAC Day Saturday 25 April	Happy Easter 2020
Dhu'l-Qa'dah 1447 10:00 Arts Therapy (G) 10:00 Men Group (volunteer) 10:45 Bingo 10:00 Group Exercise(J, G) 10:45 Sorting, Sensory(J) 14:00 Individual Support 14:00 Walking Group	Dhu'l-Qa'dah 1447 10:00 Arts Therapy (G) 10:00 Men Group (volunteer) 10:45 Bingo 10:00 Group Exercise(J, P, T) 10:30 Gardening or Floor Games (J) 14:00 Walking Group 14:00 Ice Cream Trolley	Dhu'l-Qa'dah 1447 9:30 Walking Group 9:45 Bus Trip (JINAN) 10:00 Group Exercise (G) (J) 10:30 Turkish ladies group music (volunteer) 10:45 Aroma Therapy (J) 1:30 Al-Faisa College visit 14:00 Individual Support & Happy Hour in the Courtyard 14:00 Monthly Birthday Celebration	Dhu'l-Qa'dah 1447 9:45 Bus Trip (JINAN) 10:00 Group Exercise (G) (J) 10:30 Turkish ladies group music (volunteer) 10:45 Aroma Therapy (J) 1:30 Al-Faisa College visit 14:00 Individual Support & Happy Hour in the Courtyard 14:00 Monthly Birthday Celebration	Wishing everyone celebrating their birthday in April a very Happy Birthday. May your day be filled with joy, laughter, and love! HAPPY BIRTHDAY!!!!	ANZAC DAY <i>Let us not forget</i> Commemorate ANZAC Day Saturday 25 April	Happy Easter 2020